

taste

GET 'BONUS' SAVINGS
How to maximize your coupons with
in-store promotions **Jill Cataldo, E-4**



CONSUMER PANEL
A meatless pasta sauce
proves rather tasty **Story, E-3**



Build a roadmap to good eating

How to use the Internet to help plan your meals while traveling

By Lisa Waas
For the Times-Union

The last thing you want to stress over is food during a short trip, when every meal counts.

Just 20 years ago, Fodor's and Michelin guides were the only ways to get accurate, up-to-date information about a city. Their lodging and restaurant ratings were highly valued by consumers and proprietors alike.

Fast-forward to the age of the Internet, with more online versions of travel review sites than we can count. Some even have mobile applications or Kindle downloads.

But all this great information can sometimes be

too much of a good thing.

For our family, when it comes to traveling, food is our thing. Recently we traveled to Boston and Montreal. We formalized our sightseeing plans, hotels and transportation fairly quickly, but finding good restaurants wasn't as easy.

After hours of research, a few issues became apparent. First, multiple websites means a lot of time spent perusing critiques and information. Each has its own rating and review system. Second, the sites sometimes offer conflicting information on prices and food quality.

Overall, with patience and a clear idea of what

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